



Prof. Dr. Babar Tasneem Shaikh

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Academic Qualifications:

2023 **CHPE**, Health Services Academy, Islamabad, Pakistan
 2022 **FRSPH** Royal Society of Public health, UK
 2010 **FRCP** (Edin)-Public health; Royal College of Physicians, Edinburgh, UK
 2009 **PhD** Public Health- Liverpool School of Tropical Medicine, University of Liverpool, UK.
 1999 **MPH** School of Public Health, University Henri Poincare, Nancy, France.
 1995 **MBBS** Rawalpindi Medical College, Punjab University, Lahore-Pakistan.

Employment:

- **Feb 2024 to date: Professor of Public Health**, Health Services Academy, Ministry of National Health Services, Regulations & Coordination, Islamabad.
 - The Academy has a multi-pronged mandate in Public health domain: Post-graduate teaching (MSPH & PhD), In-Service training/Capacity building, Operations & Implementation Research, Program Development, Policy advice to federal and provincial health authorities.
- **April 2023 to Feb 2024: Team Lead**, Chemonics International Inc. Islamabad
 1. Led the technical support on stewardship, policy, regulation, strategic integration and coordination of HSS component of Building Healthy Families Activity of USAID (US\$6.7m)
 2. Supported BHF consortium to strengthen health system building blocks of human resources and information systems
 3. Provided strategic direction for designing technical assistance, particularly on pandemic preparedness/Global health security
 4. Provided strategic support to strengthen and streamline the coordination between provincial and districts disease surveillance systems
- **March 2019 to March 2023: Director Technical /Deputy Chief of Party**, JSI Research & Training Institute Inc. Islamabad.
 1. Provided technical and strategic support to the Chief of Party's office in the overall implementation, coordination and execution of the program. (US\$64m)
 2. Extended technical support for the development and articulation of annual work plans, budgets, timelines, and other deliverables that are essential for a successful program performance
 3. Liaised with Provincial Departments of Health (DOH)/Population Welfare Department (PWD) for the TAS
 4. Contributed to the development of Health System Strategy/Policy and Technical oversight of Institutional strengthening component of the program.
- **Feb 2018 to Feb 2019: Policy/Health System Advisor**, JSI Research & Training Institute Inc. Islamabad.
 1. Provided technical assistance in managing sub-awards to ensure that their performance meets or exceeds technical requirements
 2. Participated and represented JSI at Sustainable Development Goals SDGs-UHC related task forces, fora and working groups
 3. Extended technical oversight to National Institute of Health (NIH) PC1s (Global Health Security Agenda/International Health Regulations, Public Health Laboratory, Anti-Microbial Resistance, Field Epidemiology and Lab Training Program, Center for Health Establishment
 4. Led the Family Planning FP2020 Advocacy meetings and in the development of policy briefs
 5. Established provincial liaison with Departments of Health (DOH)/Population Welfare Department (PWD)
- **May 2016 to Jan 2018: Associate Professor-Health Services Academy/Senior Technical Advisor-** Health & Population Think Tank, Ministry of National Health Services, Regulations & Coordination, Government of Pakistan, Islamabad.
 1. Developed and drafted the National Health Vision 2016-2025.
 2. Steered the round table discussion/deliberation on priority health issues either identified by the Ministry, UN, Development partners or by the popular press/media in Pakistan.
 3. Analyzed existing research, strategies, frameworks and policy documents to inform the priority areas for achieving SDGs.
 4. Prepared policy briefs, guidelines, position papers on thematic areas of National Health Vision 2016-2025 for its onward implementation at the provincial level.
- **April 2013 to April 2016: Director Health & Built Environment**, Aga Khan Foundation, Islamabad, Pakistan.
 1. Mobilized resources for the strategic plan of organization, within donors and government quarters.
 2. Provided technical oversight to the Unit's broader strategy of health systems development, and technical assistance to program partners (AKDN and government) for strategic direction, deciding priorities, developing interventions, monitoring and evaluation.
 3. Ensured coherence and synergy between the strategies and programs of AKF-P and partners (other AKDN agencies, NGOs, development partners and government departments) in country.
 4. Program development, Annual planning, Grants management & compliance (US\$25m); and reporting to the donors and government.
 5. Steered a multi-country health systems strengthening project for under-served remote communities living in the mountainous regions.
- **Mar 2011 to Mar 2013: Associate Professor/ Health Systems & Policy Specialist**, Health Services Academy, Islamabad, Pakistan.
 1. Provided technical assistance to the DG Health office on matters pertaining to national programs and policies.
 2. Led Operations research in health systems, decentralization, contracting of PHC, immunization etc.
 3. Designed and led capacity building of mid-senior public health professionals and graduates on PHC, health reforms, district health planning, priority setting, health systems comparison, health economics and management.
 4. Taught primary health care, health reforms, district health planning, priority setting, health systems comparison, health economics and management to MSPH and PhD Public health students.
- **July 2008- Feb 2011: Assistant Professor/Director Health Policy & Management Program**, Aga Khan University, Karachi, Pakistan.
 1. Managed projects of Health Systems Division in peri-urban and rural Sindh
 2. Taught health systems, health policy, health reforms, health marketing and political economy of health to public health graduates
 3. Led research projects on health seeking behaviors, quality of care, gender and health system, decentralization etc.
- **July 2002-June 2008: Senior Instructor**, Community Health Sciences Department, Aga Khan University, Karachi
 1. Taught in MSc Health Policy & Management program
 2. Led research projects on HMIS and Quality of care with WHO EMRO funding.

- **Nov 2000-June 2002: Assistant Professor/Medical Executive**, Margalla Institute of Health Sciences, Islamabad, Pakistan.

1. Developed academic and organizational policies in line with Pakistan Medical and Dental Council rules.
2. Managed and supervised Student Affairs, Public Affairs, Admissions and Alumni offices
3. Liaised with HEC and PMDC for accreditation and recognition matters.

- **July 1999-Aug 2000: Research fellow**, School of Public Health, University Henri Poincaré, Nancy, France.

- Managed three projects: Health in a university life; Social inclusion and Poverty; Health promotion among Adolescents.

- **Feb 1997- June 1998: Trainer**, Green Star Social Marketing Pakistan, Islamabad, Pakistan.

1. Developed curriculum on family planning, quality of services and infection prevention
2. Trained, supervised and followed up private health providers (doctors, paramedics, chemists) in FP service provision.

Freelance Consultancy work:

World Health Organization (Pakistan, EMRO & Geneva offices); World Bank; UNICEF; UNFPA; USAID; Technical Resource Facility (DfID & AusAID); John Snow Inc.; Alliance for Health Policy & Systems Research; Greenstar Social Marketing; Marie Stopes Society; David & Lucile Packard Foundation; Aga Khan Agency for Microfinance, LEAD Pakistan, Integral Global, Palladium, ILO, WaterAid, Ipas, ACF, JICA, Integrity.

Research & Capacity building grants:

1. Improving the coordination and governance at NIH for enhanced disease surveillance and emergency management system across Pakistan. Alliance for Health Policy & Systems Research, WHO Geneva. USD40,000
2. Determining future of the traditional birth attendants in the mainstream health system. USAID 2014. US\$10,000
3. Community-Based Savings Groups for greater utilization of community midwives. Research & Advocacy Fund 2013. US\$50,000
4. Operation Research on competency assessment of community midwives. USAID 2013. US\$15,000
5. Impact evaluation of training of PPHI managers. 2012. US\$10,000
6. Health Systems Development-PPHI. 2011. USAID US\$30,000
7. Networking and advocacy for Leadership in FP & RH. David & Lucile Packard Foundation 2009-2012 US\$400,000.
8. Engendering the Health system. WHO-EMRO 2004 US\$6000
9. Quality of care dimensions in HMIS. WHO-EMRO 2004 US\$9000
10. Determinants of health seeking behavior and health service utilization in Pakistan. AKF Geneva 2004 US\$25000
11. Leadership in RH and Family Planning. Public Health Institute, Santa Cruz, US 2008-09 US\$65000.

Publications:

A. Books

1. **Shaikh BT**. Health Seeking Behaviors and Health Service Utilization: Implications for Health System & Policy in Pakistan. 2012; ISBN-10: 3848412209
2. Kumar R, **Shaikh BT**, Ahmed J. Role of HMIS in Disease Reporting: Health Informatics in Pakistan. 2012; ISBN-10: 3847345251.
3. **Shaikh BT**, Azmat SK, Mazhar A. Family Planning and Contraception in Islamic Countries: An annotated bibliography. 2012; ISBN-10: 3659216615.

B. Book chapters

1. **Shaikh BT**. (2026). Changing Doctor-Patient Relationships. In: Commercialism and Neo-Colonialism in Medical Education: Implications for Professionalism in Low- and Middle-Income Countries (LMICs). Routledge. In Press.
2. **Shaikh BT**. (2018). Devolution in Health sector. In: *Text Book of Community Medicine/Public Health*. Paramount Publishing. Karachi. pp99-104.
3. **Shaikh BT**. (2011): Health Care System in Pakistan. In: *Health Care Systems: A Global Survey*. New Century Publications, New Delhi. pp434-454.
4. **Shaikh BT**, SK Azmat, Mazhar A. Islamic Countries Family Planning Programs Help Strengthen Overall Development. In: Reproductive Rights: Global viewpoints. Greenhaven Publishing, New York, 2019; pp 90-101.

C. Position papers:

1. Social protection strategies and health financing to safeguard Reproductive Health for the poor: making a case for Pakistan. 2012.
2. Devolution in Health Sector: Challenges & Opportunities for Evidence Based Policies. 2013.

D. Peer reviewed publications (over 215 papers)

Citations: 6681 h-index: 41 i10-index: 93

1. **Shaikh BT**, Ashraf Z, Ashraf M, Baig ZI, Khan MA, Salman M. Governance reforms for Pakistan's National Institute of Health: Addressing challenges in disease surveillance and emergency management: A qualitative study. *PLOS Global Public Health*. 2026;6(4):e0006231.
2. Mahmood H, **Shaikh BT**, Naseem A, Pervaiz F, Ahmad AMR. Profiling Adolescent Lifestyles and Their Sociodemographic Drivers: A School-Based Study from Rawalpindi, Pakistan. *Children (Basel)*. 2025;12(11):1507.
3. Abdullah MA, **Shaikh BT**, Ashraf M, Khan SA. XDR typhoid in Pakistan: A threat to global health security and a wake-up call for antimicrobial stewardship. *PLoS Neglected Tropical Diseases*. 2025;19(5):e0013067.
4. **Shaikh BT**, Ashraf M. The global impact of cutting US health funding and its implications for Pakistan: Future perspectives. *Eastern Mediterranean Health Journal*. 2025; 31(11): 610-612.
5. Abdullah MA, **Shaikh BT**. Pathways to One Health: A qualitative study on enhancing inter-sectoral collaboration in Pakistan. *EcoHealth*. 2025; 22(1):138-146.
6. Zafar S, **Shaikh BT**, Malik ZI, Ahmad AMR. Determinants of School going Adolescent Girls' Health and Nutritional Status in District Malir, Karachi; A Cross-Sectional Study. *Frontiers in Nutrition*. 2025; 11:1510183.
7. Mahmood H, **Shaikh BT**, Pervaiz F, Idrees M. Adolescents' Eating Habits: Perspectives of Students, Parents, and Staff in Schools: A Qualitative Study from Rawalpindi, Pakistan. *BMC Public health*. 2025; 25: 3479.
8. Naeem I, **Shaikh BT**. Understanding perception and awareness regarding consanguineous marriage and birth defects among married couples: A descriptive qualitative study from District Kotli, Azad Jammu & Kashmir. *Discover Social Science & Health*. 2025; 5:166.
9. **Shaikh BT**, Abdullah MA, Sattar NY, Shaikh WQ. The global repercussions of the COVID-19 pandemic on the availability and delivery of maternal and child healthcare services. *Gomal Journal of Medical Sciences* 2025;23(4):444-49.
10. **Shaikh BT**, Abdullah MA, Shaikh WQ, Khan SA. Is Pakistan well-positioned in global health security scenario? An exploratory qualitative study with policy experts and public health professionals in Pakistan. *Annals of Global Health*. 2024; 90(1): 69.

11. **Shaikh BT**. Universal Health Coverage in Pakistan: Exploring the landscape of the health system, health seeking behaviors, and utilization of health services. *Lancet South East Asia*. 2024; 27: 100440.
12. Abdullah MA, **Shaikh BT**, Sikander A, Sarwar B. Public health & health system's responsiveness during the 2022 floods in Pakistan: what needs to be done? *Disaster Medicine & Public Health Preparedness* 2024; 17(e567):1-6.
13. Khan MS, **Shaikh BT**. What does it take to make a wrong decision? A qualitative study from Pakistan's health sector. *Dialogues in Health* 2023; 2: 100127.
14. **Shaikh BT**, Ali N. Universal Health Coverage in Pakistan: Is the health system geared up to take on the challenge? *Globalization & Health* 2023; 19, 4.
15. **Shaikh BT**, Chaudhry A, Yousuf I, Ali N. Engagement of lady health workers for COVID-19 home based care in Pakistan: An example of task shifting. *Journal of College of Physicians & Surgeons Pakistan* 2023; 33(02):227-231.

Skills:

- Strong theoretical and academic base of health system and policy.
- Proficient understanding of public health programs, service delivery, health systems reforms, health financing, global health security, health system research.
- Experience of working with federal and provincial/area health departments and NGOs/iNGOs.
- Good interpersonal and communication skills to facilitate dialogue and negotiations with senior government functionaries.
- Sound knowledge of donors' funding, priorities and engagement in health system of Pakistan.
- Expertise in strategic and operational planning for health systems strengthening.
- Ability to steer complex, multi-partners/consortia projects in varied geographical and socio-cultural conditions.
- Believe in teamwork for achieving goals, yet can work single handedly to yield maximum output.

HONOURS/DISTINCTIONS

1. Top 2% Scientist in Medicine/Public health for consecutive 5 years 2021-2025, Elsevier and University of Stanford, US.
2. FCPS Community Medicine Supervisor, College of Physician & Surgeon of Pakistan.
3. Productive Scientist of Pakistan, Pakistan Council for Science & Technology 2016
4. Founder Program Director, PhD Public Health, Health Services Academy, Islamabad. 2011
5. Founder Executive Editor of Pakistan Journal of Public Health. 2011
6. Approved PhD Supervisor by the Higher Education Commission, Pakistan. 2011
7. PhD Fellowship from Hesketh- Leverhulme Memorial Fund, Liverpool School of Tropical Medicine UK. 2004
8. Aga Khan University Dean's Scholarship for PhD studies.2004
9. MPH Scholarship of Société Française d'Exportation des Ressources Educatives-Government of France. 1998